

CABViews & News

Central Association for the Blind & Visually Impaired

Rehabilitation Department

Issue #4.



CABVI Adaptive Sports Summer Bowling League

Ten-Pin Bowling is a very popular adaptive sport enjoyed by many. It has been a popular sport for people with visual impairments since the 1940s. July 14, six blind and visually impaired participants played their first game of the summer league at Pin O Rama AMF Lanes in Utica. The summer league ran for six weeks ending in mid-August. Laura Yakey, CABVI Case Manager and Adaptive Sports Coordinator was instrumental in the planning of this activity, as well as providing assistance with instruction.

Bowling is made accessible to the blind in two ways: through the use

of sighted guides or the use of guide rails that help orient the bowlers on the lane to line up shots. Jim Marscher and Mitch Hansen, CABVI's Orientation and Mobility Instructors, instruct bowlers in the use of bowling guide rails that are recommended by the American Blind Bowling Association. Bright-colored balls provide contrast against the bowling lane for those that are partially sighted.

For more information about CABVI adaptive sports, please contact Laura Yakey at Extension 1302.



Summer Work Experience Training

Sharice Moon graduated from HCCC and is currently majoring in Human Services at Utica College. She participated in a work experience training through the Central Association for the Blind and Visually Impaired this past summer at The House of the Good Shepherd's Tilton School.

She was an assistant to the librarian, at the Tilton School library. Her duties involved working with students enrolled in the summer reading program. She assisted with checking in library books, re-shelving books and helping students locate various books and research materials for their reading assignments. She also assisted the librarian (teacher) with clerical tasks when requested.

Sharice participated in two previous work experience trainings in summers past, the Steven Swan Humane Society in 2008 and the Utica Zoo in 2009.

This past July, Brett Coleman, who was a high school student participated in a summer work experience training through the Central Association for the Blind and Visually Impaired at the Rome Rescue Mission.

Brett performed his duties as a general assistant. His responsibilities involved food prep and serving, kitchen clean-up and janitorial tasks. He also assisted staff at the Rome Rescue Mission clothing store, where he organized and folded clothes.

Brett Coleman participated in a previous work experience training in the summer of 2009, where he worked at CABVI's warehouse labeling, re-boxing and packaging products.

Sadly, Brett recently passed away. CABVI staff will remember with fondness the time spent with Brett. Our sincere condolences are extended to the family.



Seasonings

Trash To Treasures

Legally blind and visually impaired children, ages 4 - 20, attended a summer mini-camp exploring various aspects of “going green” and protecting our natural world.

Activities included field trips, games and earth theme related crafts. The children created clay pots for planting of organic mint herbs and built bird feeders.

Everyone enjoyed the excursions and had a great time visiting the Solid Waste Recycling Center, Clinton Pottery, the Cornell Cooperative Extension Visitors’ master gardens and butterfly house, and Old Path Farm, located in Sauquoit for a tour of fields of organically grown vegetables. A trip to the Utica Zoo was also provided.

Camp field trips and activities were sponsored by CABVI, CBVH and the Utica Lions Auxiliary.

A Way With Clay

A second mini-camp was held where legally blind and visually impaired children, ages 4 - 18, experience the art of pottery. CABVI, CBVH and the Utica Lions Auxiliary sponsored the camp at Munson Williams Proctor Art Institute.

The children personalized name-tags and used hand-made crayons and clay glazes to draw and paint. They were then given a slab of clay to roll out and design with their items of choice, such as leaves, stones, shells and utensils to make tactile imprints. They formed their designs into bowls and dishes.

The children enjoyed a tour of the ceramics studio including the pottery wheels and firing kilns. Each child was given a piece of clay to spin on the pottery wheel.

A “Touch Tour” of the museum’s exhibits was also provided.



Boilermaker 2010

July was Utica Boilermaker Road Race month and CABVI staff and volunteers of all ages and visual abilities participate annually. CABVI sponsored a team that enjoyed the challenge of the 5K Boilermaker Walk. Employees and volunteers provided agency information and educational materials about vision loss and vision rehabilitation during the Boilermaker Health and Fitness Expo.

During Sunday's 15K road race, CABVI refreshed thousands of runners engaged in that challenging run at a mid-course water station.

If you are visually impaired and would like to volunteer your time for the Boilermaker 2011 events, contact Paula Flisnik at Extension 1270.



Dark Dining

The CNY Vision Foundation held the fourth annual Dark Dining event, presented by NBT Bank, Saturday October 16 at the Yahnundasis Country Club in New Hartford.

Over 130 guests enjoyed a remarkable nine course dinner, many while blindfolded throughout the evening. The program included a social hour prior to dinner and a silent auction throughout the event. The 2010 edition of Dark Dining raised nearly \$34,000 for CABVI's vision rehabilitation services.



Digital Talking Book Players

The digital talking book player is a relatively new way to experience reading. The National Library Service (NLS) has designed a machine that is smaller than the cassette machine provided previously, and utilizes cartridges rather than tapes. One book often fits on just one cartridge.

There are two models available, the standard and the advance. The advance player is equipped with a few more features than the standard. Creating bookmarks is one such feature.

**If you are interested in learning more about the digital talking book player, you can contact the New York State Library at:
1-800-342-3688.**

Victor Reader Stream

As a result of the American Recovery and Reinvestment Act, through the NY State Commission for the Blind and Visually Impaired, CABVI was able to obtain optical and adaptive equipment for placement at our satellite clinics and to demonstrate and share with consumers. We are very excited to now have available to consumers "The Victor Stream Reader."

Books and MP3s can be downloaded on to the Stream, which is portable and can be taken anywhere. Even the NLS digital books can be read on the Stream! Books in text format are also readable with the Stream's built in text to speech feature. It's also possible to record voice notes directly on to the Stream!

If you are interested in a demonstration of the reader, contact Betsy Harvey-Minutti, Manager of Low Vision, at Extension 1224.

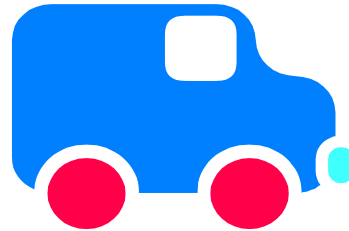
Sight Shoppe On The Go!

The Sight Shoppe is on the go, traveling to various locations throughout the eight counties that the Central Association for the Blind and Visually Impaired serves.

As we grow older, changes occur in our vision and we may need to locate equipment that is accessible and easy to use. The Sight Shoppe offers some of the latest technology to make everyday activities easier.

Products offered include: equipment to improve writing skills, time pieces with improved clarity, magnification devices and appliances to enhance kitchen tasks.

You can also learn more about the comprehensive rehabilitation services available from CABVI's trained professionals.



**The Sight Shoppe is a
division of
the Central Association
for the Blind
and Visually Impaired
507 Kent St
Utica, NY 13501**

**(315) 797-2233
or
Toll Free (877) 719-9996**

**“We help people who
don’t see well live
like those who do.”**

Hot Shot Beverage Machine



The “Hot Shot” is the one shot hot water dispenser. It makes boiling water easy and safe.

Only \$33.50 at the Sight Shoppe!

**For more information,
contact the Sight Shoppe
at Extension 1239.**



PenFriend

This small, pen-shaped recorder provides easy recognition sound with just four buttons in a simple, identifiable pattern. Use the PenFriend to label food items, recipes, film and music collections, record shopping list or leave audio messages and much more!

Only \$150. at the Sight Shoppe.

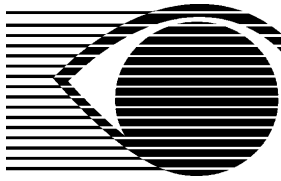
**For more information
contact the Sight Shoppe
at Extension 1239.**

How to Support CABVI?

State and federal funding does not cover the total cost of providing services to visually impaired consumers. If you are grateful for the rehabilitation services you received and would like to support the agency’s on-going initiatives, you may send your tax deductible contributions to:

**CABVI
507 Kent Street
Utica, NY 13501**

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Tamra Foley**



Central Association
for the Blind
and Visually Impaired

To add your name to the agency's mailing list, call 315-797-2233.
This publication is available in braille or tape edition upon re-
quest, as well as CABVI's website at www.cabvi.org.

**FREE MATTER FOR THE BLIND
OR HANDICAPPED**

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Utica, NY 13501**